At Home Training Point System

Show us your Intensity and Creativity
by earning points towards your next rank while receiving entries for Prize Drawings

"Perseverance and Spirit have done wonders in all ages" - George Washington

Date	Online Private Lesson 10 points	Online Group Class 5 points	Comments on Live Group Class 1 point	Upload a Picture 2 points	Upload a Video 3 points	Post Daily Challenge Results 4 points	Bonus Points - Awarded by Instructor Online	Daily Total